

Class Schedule

Begins September 5, 2017

109A North Main Street, Bel Air

443-243-4124

MON	TUE	WED	THU	FRI	SAT
4:00 – 5:30pm After-School Taekwondo Program Classes					DEMO TEAM 10:30 – 11:30am
5:30 – 6:15pm Low Intermediate Class (High Yellow, Orange & High Orange)	5:30 – 6:15pm Beginners Class (White & Yellow)	5:30 – 6:15pm Low Intermediate Class (High Yellow, Orange & High Orange)	5:30 – 6:15pm Beginners Class (White & Yellow)	5:30 – 6:15pm Black Belt Class	TEAM CHANG 11:55 – 12pm J.V. Check-in 12 – 1:10pm J.V. Practice
6:15 – 7:00pm High Intermediate Class (Green, High Green, Blue & High Blue)	6:15 – 7:00pm Children's Sparring	6:15 – 7:00pm High Intermediate Class (Green, High Green, Blue & High Blue)	6:15 – 7:00pm Adult Sparring	TEAM CHANG 6:10 – 6:15pm J.V. Check-in 6:15 – 7:25pm J.V. Practice	1:10 – 1:20pm Varsity Check-in 1:20 – 2:30pm Varsity Practice
7:00 – 7:45pm Advanced Class (Brown Belts & Higher)	7:00 – 7:45pm Advanced Adult Class (Brown Belts & Higher)	7:00 – 7:45pm Advanced Class (Brown Belts & Higher)	7:00 – 7:45pm Advanced Adult Class (Brown Belts & Higher)	7:25 – 7:35pm Varsity Check-in 7:35 – 8:45pm Varsity Practice	<i>Private Lessons, Birthday Parties, Self Defense Workshops, etc.</i>

1301 E. Churchville Road, Bel Air

443-243-4123

MON	TUE	WED	THU
5:00 – 5:30pm Little Ninjas Class: Beginners Group	4:45 – 5:30pm Low Intermediate Class (High Yellow, Orange & High Orange)	5:00 – 5:30pm Little Ninjas Class: Beginners Group	4:45 – 5:30pm Low Intermediate Class (High Yellow, Orange & High Orange)
5:30 – 6:15pm Beginners Class (White & Yellow)	5:30 – 6:15pm High Intermediate Class (Green, High Green, Blue & High Blue)	5:30 – 6:15pm Beginners Class (White & Yellow)	5:30 – 6:15pm High Intermediate Class (Green, High Green, Blue & High Blue)
6:15 – 7:00pm Black Belt Class	6:15 – 7:00pm Advanced Class (Brown Belts & Higher)	6:15 – 7:00pm Children's Sparring	6:15 – 7:00pm Advanced Class (Brown Belts & Higher)
<i>Private Lesson by Appointment</i>	7:00 – 7:45pm Family Class (All Ranks/Ages)	<i>Private Lesson by Appointment</i>	7:00 – 7:45pm Family Class (All Ranks/Ages)

*Private Lessons, Birthday Parties, Self-Defense Workshops & More are by Appointment. Please check for availability!